



Breakthrough-2-Success™ WORKBOOK

- The **Breakthrough-2-Success WORKBOOK** is designed to enable individuals the opportunity to work through this unique 32-page workbook on their own.
- **Breakthrough-2-Success WORKBOOK** will deliver changes in behaviour and lasting results, because each individual has more awareness to their performance and buy-in is attained through the individual taking greater ownership.
- Working through the **Breakthrough-2-Success WORKBOOK** option, the individual identifies any limiting factors that are affecting their performance.
- All individuals using the **Breakthrough-2-Success WORKBOOK** will be setting powerful goals and will explore the benefits of achieving their desired outcome, to ensure they are motivated to attain a sustainable level of performance.
- The **Breakthrough-2-Success WORKBOOK** is also available for organisations where 'Accredited Internal Coaches' have been trained to use the programme*. These individuals will become the 'in-house' coaching representative and can work with other employees to coach them through the workbook.
- What is included in the programme?
 - A 32-page Personal Coaching Workbook to record goals, outcomes, learning points and results

For further details and additional information you can contact us as follows:

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or

e-mail: sales@perceptionscoaching.co.uk

**Attendance on a 2 day training course is required to become an 'Accredited Internal Coach'*