



## Breakthrough-2-Success™ SILVER

- Our entry level Executive Programme is popular for ensuring swift improvements in performance, to fundamentally move people forward and achieve their goals and objectives.
- The Breakthrough-2-Success™ SILVER sessions are tailored to the individual client and designed to ensure results.
- Coaching will deliver changes in behaviour and lasting results, because the coachee has more awareness to their level of ability and takes ownership and responsibility for their performance.
- Coaching can help to resolve conflict, integrate teams and leads to improvements in:
  - Working relationships
  - Interpersonal skills
  - Communication skills
- What is included in the programme?
  - Pre-engagement meeting for 45 minutes
  - six coaching sessions (1 hour each) – either face-to-face or by telephone

### Testimonials

- “Improved my confidence in my management role”
- “After sessions of coaching I feel so positive about what I can do and have realized the only person stopping me achieving my goals is me”
- “I have learnt to deal with stress, difficult people, and to explore other avenues when problems (no, my new word - situations !) arise”

Call **Today** to tailor a coaching programme to suit your needs...Perceptions Coaching – delivering results...!

*delivering results...*

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